

SRH Pulse

Happy Holidays

Premier Edition **December 2002**

CONGRATS
November Employee of the Month
Amanda Strong

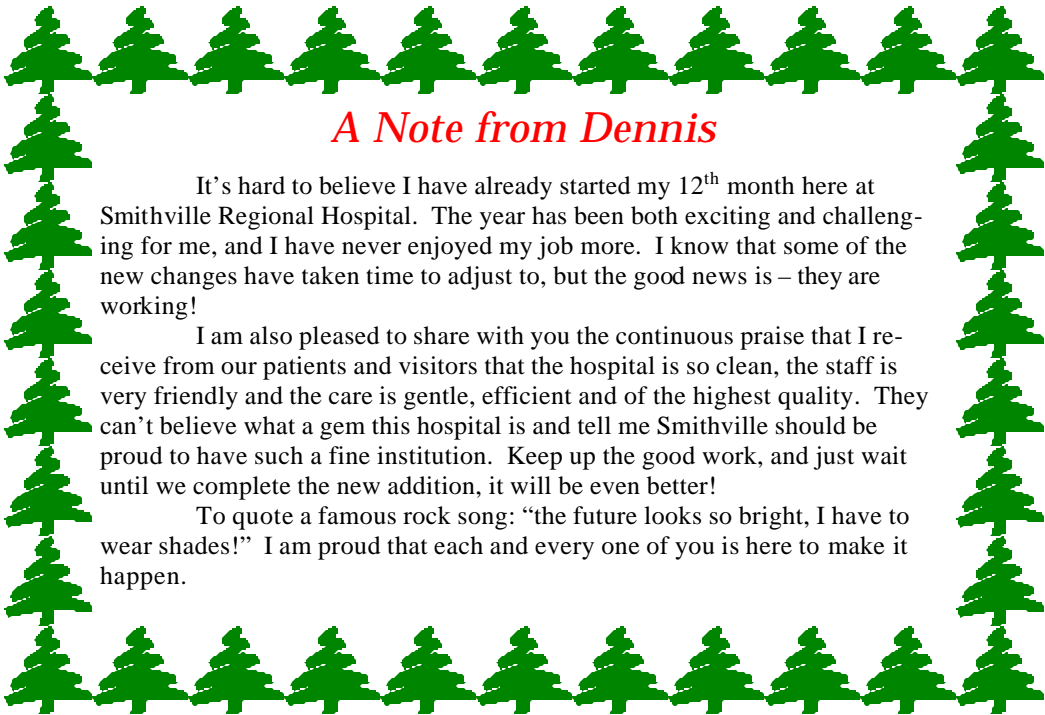


- Dates to Remember:*
- * 11/29-1/3: Bastrop's River of Lights
 - * 12/14: SRH's holiday celebration at Colo Vista Country Club.
 - * 12/19: Employee of the Month celebration in hospital dining room.
 - * 12/25: Smithville Hospital Authority Holiday

Congratulations goes to an anonymous submission for winning the newsletter naming contest! I would like to personally thank all of you who submitted an entry and took the time to contribute ideas to the newsletters content!

SRH CARES

This Season, our Hospital staff has been most generous. Together with the Family Crisis Center, SRH was able to provide 30 food boxes and lots of toys to families in our community who needed help throughout the holidays. Thank you for all of your giving hearts.



A Note from Dennis

It's hard to believe I have already started my 12th month here at Smithville Regional Hospital. The year has been both exciting and challenging for me, and I have never enjoyed my job more. I know that some of the new changes have taken time to adjust to, but the good news is – they are working!

I am also pleased to share with you the continuous praise that I receive from our patients and visitors that the hospital is so clean, the staff is very friendly and the care is gentle, efficient and of the highest quality. They can't believe what a gem this hospital is and tell me Smithville should be proud to have such a fine institution. Keep up the good work, and just wait until we complete the new addition, it will be even better!

To quote a famous rock song: "the future looks so bright, I have to wear shades!" I am proud that each and every one of you is here to make it happen.

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Happy Holidays



December Hospital Events

- ☒ Drunk & Drugged Driving (3D) Prevention Month
- ☒ Santa Bear Toy Drive

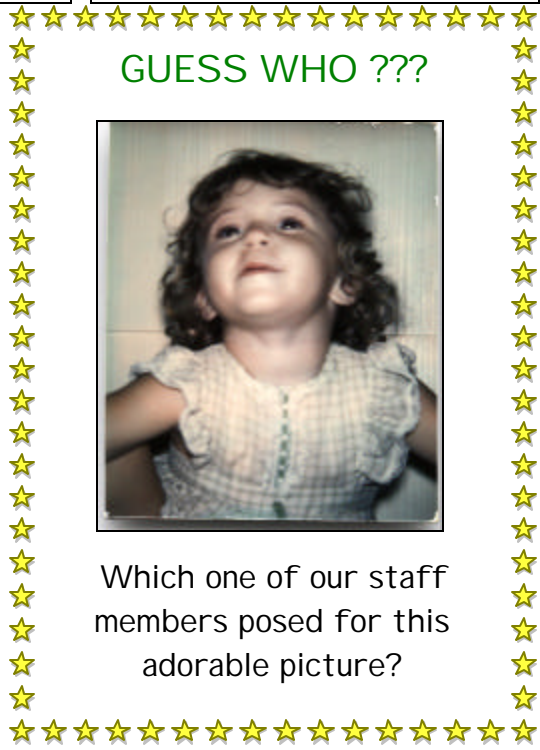
SRH FACT:

Over the last 2 years, the number of employees has increased 50% to meet the needs of our community.

GUESS WHO ???



Which one of our staff members posed for this adorable picture?



Hospital Participates in Festival of Lights Parade

The Hospital participated in the local Festival of Lights Parade in downtown Smithville on December 7th. The Event Planning Committee decorated the float and put together goodies to hand spectators along the parade route. The float took on a western theme with ice cycle lights, regular string lights and even 4 wagon wheels on the side! A large group of the staff and their family members came out to participate and all agreed that we couldn't have asked for better weather. Everyone had a wonderful time and cannot wait till next year!



REMI NDER

On December 14th, 2002, Smithville Hospital Authority will celebrate the Holidays at Colo Vista Country Club in Bastrop. A wonderful evening is planned starting with cocktails at 6:30 pm and music at 8 pm by Texas Unlimited Band.

See you there!

See What's Cooking in John's Corner...

Homemade PIZZA to go!

What: extra large 16" hand-tossed pepperoni or cheese pizza with homemade sauce

When: Friday, December 20th starting at 4:30 pm

Where: Hospital Dining Room

How: Place your order by the time clock

Cost: \$9.00 each





Congratulations to **Henrietta Gray** for her 30 years of service with Smithville Regional Hospital. She was honored on November 21st, with a plaque, 30-year pin, gift basket, fresh bouquet of flowers, balloons, and a \$250 check.

Getting to know Kristen Perkins

Full Name: Kristen Danielle Perkins

Birthplace & Date: California on February 28th

Family: Chris, husband; Cardin & Scott, sons

Favorite Color: Navy Blue

Favorite Movie of All Time:

Cool Hand Luke

Favorite Holiday: St. Patrick's Day

First Car: 280 ZX

Idea of a Relaxing Day:

Walking on the beach

Dream Car: 1952 Jaguar XK120

Favorite Sports Teams: Rockets & Steelers

Favorite Season: Summer

Favorite Restaurant: Houston's

My Pets: 2—dogs: Fred & Pierre; 2—cats: Sara & Tiffany

If I could live anywhere: Naples, Florida



Health Tip:

GET—IN—SHAPE

- * Consult your doctor
- * Keep your goals realistic
 - * Set short-term goals
- * Incorporate all aspects of fitness
 - * Drink plenty of water
 - * Up the intensity
 - * Listen to your body
 - * Reward yourself
 - * Have fun



This Christmas tree stands proudly in Bastrop Medical Center's lobby!

Employee of the Month Receives:

- \$50 Cash
- \$50 Gift Certificate to Chili's
- \$50 Certificate to Auxiliary Gift Shop
- Special Parking Spot in front of the Hospital
- Lapel Pin & Plaque
- Party with Cake & Balloons in Dining Room
- Picture in the Smithville Times Paper

Employee of the Year Receives:

- \$500 Travel Voucher & \$200 Spending Money

Don't forget to submit your nomination to the box by the time clock each month!



December Birthday Calendar

1—Priscilla Bledsoe

Joan Swanson

Patricia Swanson

2—Leah Okotinsky

3—Royce Stephens

5—Scott Young

6—Stacey Jenke

Carole McAfee

7—Diane Bartek

Robyn Cockrell

Cynthia Milliken

9—Merle Labitigan

Vickie Sell

11—Ferdinand Alger

Elizabeth Rinker

15—Kathy Glona

17—Penelope Stueber

18—Nicole Rheel

Heather Rogers

Debra Zimmerhanel

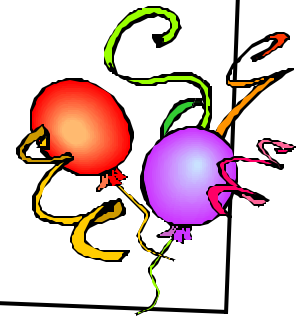
21—Maria Trevino

22—Lorena Salinas

25—Patsy Hornsby

29—Michal Hubbard

Happy Birthday...
And many more!!



Blood Drive

The Hospital Lab sponsored a blood drive on November 27th from 9 am to 1 pm, in coordination with the Central Texas Blood and Tissue Center.

The drive was a big success and 26 units of blood were donated from gracious participants. This will be used to help save many lives.



"Your purpose is anything that touches your heart and makes a difference to you."

Marcia Wieder
Dream coach

Party Trays

Are you stressing about the upcoming holiday party you are hosting because you have absolutely no idea or time to put together a few really magnificent party trays that your guests will just rave about?

Well, stress no more! Let John Chabot, Hospital head chef, and the hospital dining room staff plan your next party menu.

From dips to bite-size sandwiches, John offers a variety of delectable treats including artichoke dip that will make you the hit at any party!

"Now, what to wear..."



Season's Greetings